

ALSO *in* PINK

TIDYING JOURNEY CHECKLIST

Category One • Clothing

- ☐ Tops
- ☐ Trousers | Shorts
- ☐ Dresses | Skirts
- ☐ Underwear
- ☐ Bras
- ☐ Socks | Tights
- ☐ Sleepwear
- ☐ Loungewear
- ☐ Activewear
- ☐ Swimwear
- ☐ Coats | Jackets
- ☐ Hats | Scarves | Gloves
- ☐ Belts | Bags | Purses | Wallets
- ☐ Shoes | Boots
- ☐ Jewellery
- ☐ Fancy Dress
- ☐ Other Clothing & Accessories

Category Two • Books

- ☐ General Books
- ☐ Cookery Books
- ☐ Reference | Instructional Books
- ☐ Coffee Table Books
- ☐ Educational Books
- ☐ Textbooks
- ☐ Travel | Language
- ☐ Magazines | Catalogues
- ☐ Comics | Graphic Novels
- ☐ Children's Books
- ☐ Other Books

Category Three • Papers

- ☐ Birth Certificates
- ☐ Marriage Certificates
- ☐ Wills
- ☐ Bank Statements
- ☐ Pay Slips | Employment
- ☐ Tax Documents
- ☐ Vehicle Documents
- ☐ Pet Documents
- ☐ Mortgage Documents | Bills
- ☐ Insurance Policies
- ☐ Warranties
- ☐ Instruction Manuals
- ☐ Notes | Course Materials
- ☐ Qualifications | Certificates
- ☐ Receipts
- ☐ Membership Cards
- ☐ Business Cards
- ☐ Greetings Cards (received)
- ☐ Wrapping Paper
- ☐ Newspapers | Newspaper Clippings
- ☐ Magazine Clippings
- ☐ Recipes
- ☐ Children's Documents
- ☐ Other Paper Documents

Category Four • Komono

Kitchen: Tools for Cooking & Baking

- ☐ Pots | Pans | Steamers
- ☐ Colanders | Sieves
- ☐ Mixing Bowls
- ☐ Chopping Boards
- ☐ Spatulas | Ladles
- ☐ Spoons: Wooden | Serving
- ☐ Tongs | Masher
- ☐ Cooking Knives | Kitchen Scissors
- ☐ Peelers | Graters | Garlic Press
- ☐ Pestle & Mortar
- ☐ Food Scale
- ☐ Food Processor | Mixer
- ☐ Blender | Juicer
- ☐ Whisk
- ☐ Measuring Cups | Spoons
- ☐ Rolling Pins
- ☐ Baking Trays | Tins | Sheets | Mats
- ☐ Cookie Cutters | Scoops
- ☐ Pastry: Brush | Bag | Accessories
- ☐ Cooling Racks | Trivets
- ☐ Thermometers
- ☐ Oven Mitts | Apron
- ☐ Baking Parchment
- ☐ Aluminium Foil | Cling Film
- ☐ Other Cooking & Baking

Kitchen: Tools for Eating & Drinking

- ☐ Plates: Dinner | Sides | Serving
- ☐ Bowls: Cereal | Soup | Serving
- ☐ Glasses | Carafes | Decanters
- ☐ Tea: Electric Kettle | Pots | Strainer
- ☐ Coffee: Machine | Pot | Grinder
- ☐ Cups | Mugs | Coasters
- ☐ Travel Cups | Water Bottles
- ☐ Cutlery: Eating | Serving
- ☐ Chopsticks & Rests
- ☐ Platters | Serving Boards
- ☐ Pitchers
- ☐ Paper Plates & Cups | Straws
- ☐ Other Tools for Eating & Drinking

Kitchen: Food & Food Storage

- ☐ Fruits | Vegetables
- ☐ Meats | Seafood
- ☐ Breads | Baked Goods | Wraps
- ☐ Baking Supplies
- ☐ Grains: Flour | Pasta | Rice | Specialty Grains
- ☐ Eggs | Dairy
- ☐ Condiments | Sauces
- ☐ Herbs | Spices | Extracts
- ☐ Snacks: Sweet | Salty
- ☐ Frozen Foods
- ☐ Tea | Coffee | Alcohol
- ☐ Cartons | Cans | Bottles
- ☐ Food Storage Containers & Jars
- ☐ Lunchboxes | Lunchbox Accessories
- ☐ Food Storage Bags & Ties
- ☐ Other Food & Food Storage

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TIDYING JOURNEY CHECKLIST

Category Four • Komono (continued)

Electronics

- ☐ CDS | DVDS | Players | Speakers
- ☐ Phones | Tablets | Accessories
- ☐ Computers: Desktop | Laptop | Accessories
- ☐ Game Consoles | Games
- ☐ Cameras | Accessories
- ☐ Cables | Chargers | Plug Sockets | Adaptors
- ☐ Small Battery Operated Items | Other Electronics

Stationery: Equipment

- ☐ Pens | Pencils | Rulers | Rubbers
- ☐ Scissors | Rulers | Stapler | Hole Punch
- ☐ Rubber Bands | Paper Clips

Stationery: Paper-Related Supplies

- ☐ Notebooks | Post-Its | Calendars
- ☐ Files | Ring Binders
- ☐ Plastic Wallets | Dividers

Stationery: Letter-Writing Supplies

- ☐ Paper | Envelopes
- ☐ Greetings Cards (unused) | Postcards | Stamps

Beauty & Cosmetics

- ☐ Skincare Products: Face | Body
- ☐ Soap: Bars | Liquid
- ☐ Make Up | Make Up Bags | Brushes
- ☐ Nail Polish | Nail Polish Remover
- ☐ Nail Clippers | Files | Scissors
- ☐ Tweezers | Hair Trimmers
- ☐ Razors | Shaving Cream | Aftershave
- ☐ Shampoo | Conditioner | Treatments
- ☐ Hair Brushes | Combs
- ☐ Hair Accessories | Hot Rollers
- ☐ Hair Dryer | Curling Wand | Straighteners
- ☐ Perfume | Cologne
- ☐ Deodorant | Facial Wipes
- ☐ Toothpaste | Toothbrushes
- ☐ Mouthwash | Dental Floss
- ☐ Eye Care: Glasses | Lenses | Solution | Drops
- ☐ Travel Miniatures | Toiletry Bags
- ☐ Feminine Hygiene: Sanitary Towels | Tampons
- ☐ Essential Oils | Bubblebath | Bath Oils
- ☐ Other Cosmetics

Medicines

- ☐ Prescription | Over-the-Counter Medicines
- ☐ Allergy Medicines
- ☐ Insect Repellent | Sting & Bite Treatment
- ☐ Creams | Gels | Ointments
- ☐ Vitamins | Supplements
- ☐ First Aid Kits | Antiseptic
- ☐ Plasters | Bandages | Dressings
- ☐ Crutches | Walking Stick | Walker
- ☐ Children's Medicines | Other Medicines

Money

- ☐ Small Change | Foreign Currency
- ☐ Credit Cards | Debit Cards
- ☐ Vouchers | Coupons | Reward Cards
- ☐ Cheques | Cheque Books

Category Four • Komono (continued)

Tools

- ☐ Hammers | Screwdrivers | Pliers | Spanners
- ☐ Saws | Swiss Army Knives
- ☐ Socket Sets | Power Tools | Drills | Drill Bits
- ☐ Nails | Screws | Nuts | Bolts
- ☐ Levels | Tape Measures
- ☐ Paint | Painting Supplies
- ☐ Glues | Adhesives
- ☐ Batteries | Light Bulbs | Lighters | Matches
- ☐ Keys | Locks
- ☐ Gardening Equipment
- ☐ Camping | Outdoors Equipment | Other Tools

Hobbies & Sports

- ☐ Art Supplies | Craft Supplies | Needlework
- ☐ Relaxation: Candles | Holders | Oils | Other
- ☐ Music | Instruments | Accessories
- ☐ Photography | Filming
- ☐ Fitness Mats: Yoga | Pilates | Other
- ☐ Fitness: Weights | Straps | Bands | Blocks
- ☐ Bikes | Scooters | Workout Machines
- ☐ Pet Equipment | Other Hobby or Sport

Toys

- ☐ Baby Toys | Teething | Blocks | Bath Toys
- ☐ Dolls | Teddies | Soft Toys | Costumes
- ☐ Art: Paint | Paper | Pens | Craft Equipment
- ☐ Puzzles | Board Games | Card Games
- ☐ Sets: Lego | Animal Figures | Other
- ☐ Large Toys: Buggy | Walker | Other
- ☐ Outdoor Toys: Bats | Balls | Beach | Vehicles
- ☐ Musical | Electronic | Other Toys

Cleaning

- ☐ Laundry Detergent | Stain Removal | Softener
- ☐ Sprays: Kitchen | Bathroom | Window | Other
- ☐ Dish Cloths | Sponges | Paper Towels
- ☐ Dustpan & Brush | Hoover | Broom | Mop
- ☐ Polish | Varnish | Other Cleaning

Linens

- ☐ Towels | Tea Towels | Flannels
- ☐ Blankets | Throws | Sleeping Bags
- ☐ Bed Sheets | Duvet Covers | Duvets
- ☐ Pillows: Bed | Decorative
- ☐ Tablecloths | Napkins | Runners | Placemats
- ☐ Toilet Paper | Tissues | Kitchen Roll

Seasonal

- ☐ Birthday Decorations | Christmas Decorations
- ☐ Easter Decorations | Halloween Decorations
- ☐ Special Occasion Items: Cloths | Charms | Beads

Category Five • Sentimental Items

- ☐ Awards | Certificates | Medals | Trophies
- ☐ Journals | Scrapbooks | Yearbooks
- ☐ Letters | Artwork | Childhood Toys & Books
- ☐ Keepsakes | Family Heirlooms
- ☐ Photographs: Printed | Albums | Photo Books
- ☐ Gifts | Antiques
- ☐ Other Sentimental Items